



We are committed to improving the quality of mental health and wellbeing provision through action and support, at all levels, throughout our organisation and our industry.

Our purpose



We recognise that as executives we must be leading advocates for mental health and wellbeing, both within our organisations and in the maritime community.

We aspire to work together and lead with visible action.

It is time for the maritime sector, through our leaders and our colleagues, to speak up and demonstrate compassion and understanding to those experiencing mental ill health by engaging in positive action.

Our responsibility



As leaders we are responsible for creating awareness that we all have a state of mental health. For those struggling with mental wellbeing, this may ultimately result in mental ill health. This is a growing concern in our society and across our industry.

We all have a state of mental health, and as leaders we have a responsibility to raise awareness of the spectrum from thriving to struggling and potentially in mental ill health.

To do this we will empower people to thrive at work and be mentally healthy. This will enable people to have the skills, knowledge, and education to promote wellbeing, protect good mental health through welfare and the environment and ensure they have access to support when it is needed, thereby fostering a thriving culture of care.

Our commitment



We advocate and are committed to making a positive difference through action and support, not just within our organisations but also across the UK maritime sector and the broader maritime community. We commit:

To establish working conditions and practices that foster a positive mental health state. We will help anybody struggling with their mental health and ensure they feel safe in the knowledge they have been heard and not judged.

To dispel the stigma of mental health issues by establishing an open and trusting environment that allows people to listen and talk. We will provide signposts to help from a range of recognised and trusted sources.

To ensure our workforce have the skills, knowledge, and education to help support individuals whilst working both on land and at sea.

Mental Health in Maritime Pledge Signatories

Roine Ahlquist, Managing Director,
Tufton Asset Management Ltd

Simon Ashton, Principal, South Shields
Marine School

Christian Ayerst, Chief Executive,
Mental Health Support Solutions

Richard Ballantyne, Chief Executive,
British Ports Association

Graham Barnetson, Chief Financial
Officer, Red Funnel

Darrell Bate, Director of Maritime
Training and Development, Marine
Society & Sea Cadets

Richard Booth, General Manager,
Cockfield Knight

Simon Brebner, Chief Executive,
Peterhead Port Authority

Peter Buchan, Shipping Director,
Nuclear Transport Solutions & Pacific
Nuclear Transport Board Member

Ian Buckley, Managing Consultant, Fort
Recruitment

John Burden, Managing Director, Isca
Wellbeing Ltd

Hugh Callaway, Managing Director,
Humber Maritime College

Miles Carden, CEO, Falmouth Harbour
Commissioners

D. Chadburn

Captain Derek Chadburn, Honourable
Company of Master Mariners

Tom Chant, Chief Executive Officer,
Society of Maritime Industries

Robert Courts, Maritime Minister,
Department for Transport

Louise Croce, Head of HR and Training,
AV Dawson Limited

Nick Darrall, Managing Director,
Iconsys

Tom David, Managing Director,
Avantis Inc

Mark Dickinson, General Secretary,
Nautilus International

Commodore David Eagles,
Royal Fleet Auxiliary

Martin Foley, Chief Executive Officer,
Stella Maris

Kerrie Forster, Chief Executive Officer,
The Workboat Association

Elizabeth Garcia, Director, Yacht Search
Recruitment

Richard Garforth, HR and Training
Manager, Bibby Marine Management

Stuart Garrett, Managing Director,
NorthLink Ferries Serco UK & Europe

Neil Glendinning, Chief Executive,
Harwich Haven Authority

Simon Grainge, Chief Executive Officer,
iSWAN

Rob Hales, Aviation & Maritime
Capability Director, Serco Maritime
Services

Charles Hammond, Chief Executive
Officer, Forth Ports Limited

Michelle Handforth, Chief Executive
Officer, Aberdeen Harbour Board

Steven Harrison, Group Managing
Director, Able UK Ltd

Dr Grahaeme Henderson OBE, Global
Head of Shipping & Maritime, Shell

Gary Jeffreys, Managing Director, CMA
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Agency

Mental Health in Maritime Pledge Signatories

Nick Browne, Managing Director, GAC UK

Sarah Kenny, Chief Executive, BMT and Chair, Maritime UK

Gwynne Lewis, Chief Executive IMarEST

Lars Lippuner, Director Warsash Maritime School

Rear Admiral Iain Lower, Royal Navy

Becki Mackay, Global HR Manager Cory Brothers Shipping Agency

Tim Morris, Chief Executive, The UK Major Ports Group

Robin Mortimer, Chief Executive Officer, Port London Authority and Vice Chair, Maritime UK

Joe O'Neill, Associate President, Chief Executive, Belfast Harbour

Ashley Nicholson, Associate President, UK Harbour Masters' Association

Yvonne Orr, Compliance Director, Maritime Craft Services (Clyde) Ltd

Matt North, Chief Operating Officer, Aberdeen Harbour Board

Jon Oakey, Chief Financial Officer, Aberdeen Harbour Board

Henrik L. Pedersen, Chief Executive Officer, Associated British Ports

Dr Iain Percy, Chief Executive Officer, Artemis Technologies

Lesley Robinson, Chief Executive Officer, British Marine

Emma Ross, Co Founder of Seas The Mind and MHFA England Instructor

Alison Rumsey, Chief Human Resources Officer, Associated British Ports

Bob Sanguinetti, Chief Executive Officer, UK Chamber of Shipping

Nikki Sayer, Director, Casper Shipping

Chris Shirling-Rooke, Chief Executive Officer, Mersey Maritime

Kevin Smith, Founder/Director, Maritime Digital Hub

Catherine Spencer, Chief Executive Officer, Seafarers UK

Richard Steele, Chief Executive, Port Skills and Safety Ltd

Harry Theochari, Vice Chair, Maritime London/Senior Consultant, Norton Rose Fulbright

Mark Todd, Chief Executive, OYT South

Cathy Wallwork, Commercial Director, Virsec Ltd

Bill Walworth, Chair, Maritime Skills Alliance

Sandra Welch, Chief Executive Officer, Seafarers Hospital UK

Stuart White, Business Unit Director, UK Health & Safety Director, Royal HaskoningDHV

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Tom Willis, Chief Executive, Shoreham Port

Ben Willows, Chief Executive Officer, UKSA

Revd Canon Andrew Wright, Secretary General, The Mission to Seafarers



John Wyborn, President,
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